TALK OF THE TIDE

VOLUME 1 ISSUE 2

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FROM THE DESK OF MAL MOORE

As we enter the month of October and the heart of football season, I want to express the gratitude of the entire athletic department for your support of the team in the first month of the season. Perhaps one of the most amazing off-the-field moments of the first month was the turn-out we had when we played Western Kentucky.

With the gasoline issues that weekend, for the entire stadium to be filled, well, it was just special. Certainly, the progress that Coach Nick Saban, his coaches and the team have made in two years brightens our future even more.

I also want to thank all of our fans for the warm reception you gave to the visitors from Tulane when they played us at Bryant-Denny. Officials from their athletic administration were genuinely overwhelmed with your response to their supporters and their football team.

Of course, the attention our football team has earned this year has augmented the talk about when will the University enlarge Bryant-Denny Stadium once again.

At the last Board of Trustees meeting, the Properties Committee approved stage one of a proposed expansion. That means, in essence, university officials can do a feasibility study to determine where to expand the stadium and how it much it would cost. There is no doubt that the demand for tickets has never been greater and with a record student enrollment, another stadium enlargement is something that we will have to seriously consider.

While football is foremost in most of our fans' minds, I want to congratulate our men's cross country coach Joe Walker for the job he is doing. We entered the season ranked No. 5 in the country and have stayed rated among the top-five in the ensuing weeks. We finished sixth in the nation last year and will definitely be a threat to win the SEC and compete for the NCAA championship. Our women's golf team is coming off a second place finish at the Cougar Classic, and jumped three spots to No. 7 in the latest Golfweek/Sagarin rankings.

October is also the month that our soccer and volleyball teams are in the heart of their SEC schedules and the time of the year that our respective men's and women's basketball programs start their practice sessions for the 2008-09 season. When you are in Tuscaloosa, I would hope you would be able to support these programs.

BASKETBALL

GOTTFRIED ELECTED TO BOARD OF DIRECTORS OF NABC

Coach Mark Gottfried has been elected to the board of directors of the National Association of Basketball Coaches.

"I view this as an honor and certainly a privilege," said Gottfried who is in his 11th season at Alabama and has coached his alma mater to the 2002 Southeastern Conference championship and the 2004 NCAA Elite 8, among other program successes. "I told (NABC Executive Director) Jim Haney that I will treat it as such. I'm very excited about my opportunity to serve and want to contribute to our profession in any way possible."

TRACK AND FIELD (M)

MEN'S CROSS COUNTRY OPENS 2008 WITH NO. 5 NATIONAL RANKING ALABAMA EARNS HIGHEST RANKING IN HISTORY

The U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) released its 2008 Division 1 National Rankings and the University of Alabama men were No. 5 in the voting.

The Tide returns their top five runners from last year's sixth place team including All-American Augustus Maiyo. Last year's team finish of sixth is the highest in history at the NCAA Cross Country Championships. The No. 5 ranking is the highest poll ranking the Crimson Tide team has ever held (former ranking of No. 11). This betters last year's preseason ranking of No. 11 and final ranking of No. 6.

"This undoubtedly is a great moment for our program," head track and field coach Harvey Glance said. "It is the highest preseason ranking we've ever achieved. I'm extremely proud to be a part of this historic moment at The University of Alabama."

FOOTBALL

HONORARY CAPTAINS

The following former players have served as honorary captains this season for the Crimson Tide:

TULANE:
Dave Sington and Bobby Smith.

They were the first two permanent captains for Coach Paul "Bear" Bryant and returned to mid-field at Bryant-Denny for the first time since they completed their eligibility 50 years ago.

WESTERN KENTUCKY:
Martin Houston and Steve Webb.

They were teammates in the late 1980s and early 1990s and both are well-established in the Tuscaloosa community. Houston is a minister while Webb is a second-term city council member in Northport.

KENTUCKY:
Wilbur Jackson and Chuck Strickland.

The 1973 team returned for a 35th reunion against Kentucky and headlining the team were its two permanent captains. Jackson, the first black football signee at Alabama, was the offensive captain while Strickland was the permanent defensive captain on a team that won the UPI National Championship.

FOOTBALL AWARDS WON IN AUGUST/SEPTEMBER

SEC and National
Offenstive Player of the Week:
John Parker Wilson vs. Georgia (9/27)

SEC Lineman of the Week:
Andre Smith vs. Arkansas (9/20)

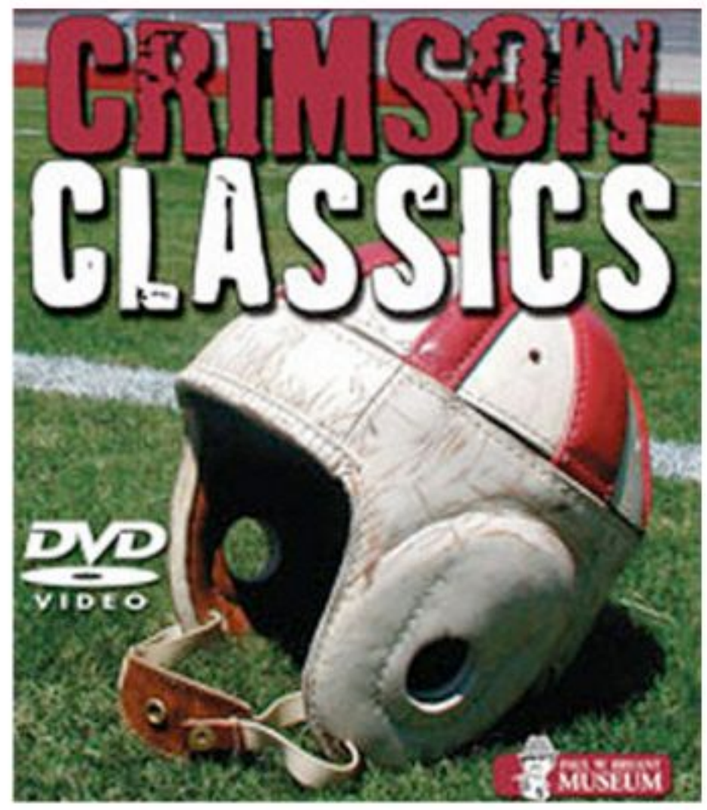
SEC Freshman of the Week:
Julio Jones vs. Western Kentucky (9/13)

SEC Special Team Player of the Week:
Javier Arenas vs. Tulane (9/6)

SEC Lineman of the Week:
Mike Johnson vs. Clemson (8/30)

SEC Defensive Lineman of the Week:
Terrence Cody vs. Clemson (8/30)

Tostitos Fiesta Bowl National Team of the Week: vs. Clemson (8/30)



The newest Crimson Classics DVD now released by the Bryant Museum.

"THE BLOCK"

Two traditional football powers. A fantastic finish and one crimson clad hero. The 1989 regular season game between the Crimson Tide of Alabama and Joe Paterno's Penn State Nittany Lions seemed to have a little bit of everything. Here is your chance to relive that eventful game as well as the circumstances leading up to and surrounding it. Watch Gary Hollingsworth, Lamonde Russell, Kevin Turner, Thomas Rayam and the rest of the 1989 Crimson Tide stars as they go toe-to-toe with the blue and white of Penn State. Interviews with Gary Hollingsworth, Thomas Rayam, Lamonde Russell, Kevin Turner, Stacy Harrison, Homer Smith, Mike Aaron and Roger Shultz add insight, opinion and even a few laughs as the players and coaches reminisce about this Crimson Classic.

Visit the Paul W. Bryant Museum's webstore at http://www.bryant.ua.edu/museumshop to order this and many other memorable Alabama football moments.

His old coach C.M. Newton always prefaces what he says about Wendell Hudson in a simple complimentary sentence: "He's a man without an ego."

His athletic director Mal Moore succinctly says about Wendell Hudson: "He's eminently qualified to lead our women's basketball program back to the levels we enjoyed in the 1990s."

Upon the hiring of Wendell Hudson in March 2008, former women's basketball student-athlete Nathalie Reshard praised the hiring by adding: "Coach Hudson will be a great role mode for the players as he has achieved great things on and off the court at the University of Alabama."

The one word Coach Hudson uses when saying why he wanted the job and why he can turn things around for the Crimson Tide: "Passion."

"I love the University, I have a passion for this school and its athletic programs," says Hudson. "Sure, it's a challenge we face in restoring respectability to the women's basketball program; but when you have passion, you can do some amazing things."

Not lost on the old Crimson Tide star basketball player is the program is not without tradition. "Coach (Rick) Moody did a great job, taking his 1994 team to the Final Four," says Hudson. "Most of his teams played in the post-season. There are banners all over Coleman Coliseum signifying past achievements."

"Our first goal is to have a team where all the players are committed to this program, and that means every aspect of the program from conditioning to academics to fundamentals on the court."

"Our second goal is recruiting the very best student-athletes to come into our program. We want top-notch players and people. Our coaching staff wants to put a big huge asterisk on the State of Alabama and let every coach, every community know what our program is all about."

Setting and achieving goals are something that Wendell Hudson has excelled at during his life. When he signed on to play for Coach Newton in 1969, he broke the color barrier for Alabama. His selfless play immediately earned him respect – not only at the Capstone – but across the SEC.

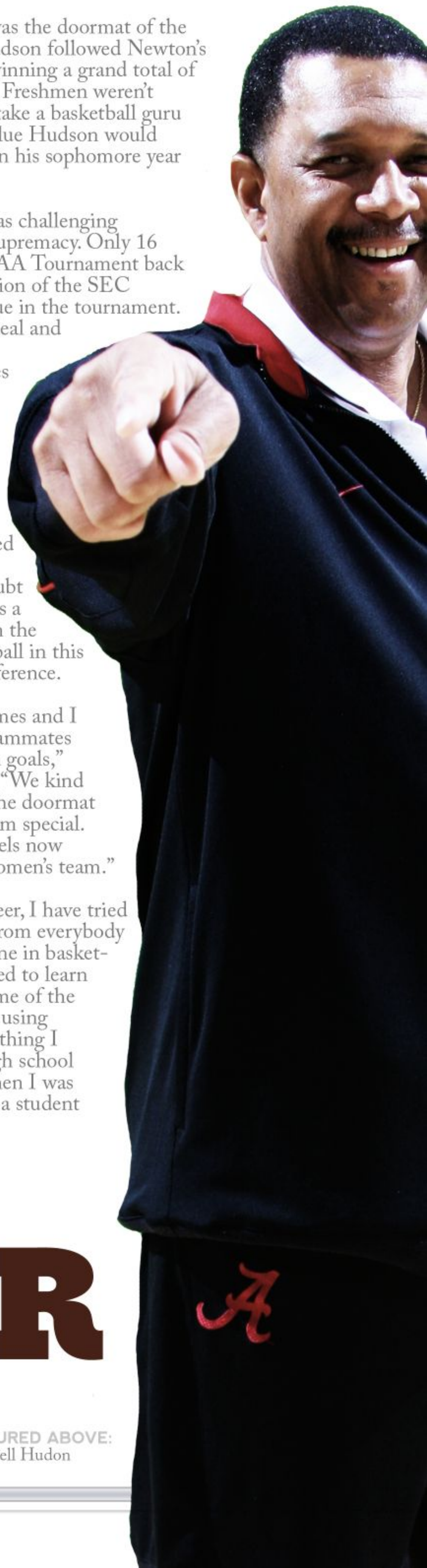
The Crimson Tide was the doormat of the conference when Hudson followed Newton's lead to Tuscaloosa, winning a grand total of four games in 1969. Freshmen weren't eligible but it didn't take a basketball guru to understand the value Hudson would add to the team when his sophomore year rolled around.

Quickly, Alabama was challenging Kentucky for SEC supremacy. Only 16 teams made the NCAA Tournament back then, and the champion of the SEC represented the league in the tournament. The NIT was a big deal and magically Hudson carried his teammates to the old mecca of basketball, Madison Square Garden in New York.

Suddenly and dramatically, basketball had evolved into a major sport at Alabama, and no doubt Wendell Hudson was a principal character in the emergence of roundball in this state and in this conference.

"Those were great times and I had extraordinary teammates who shared common goals," remembers Hudson. "We kind of got Alabama off the doormat and made the program special. Sure, there are parallels now with coaching the women's team."

"Throughout my career, I have tried to learn something from everybody I meet. There is no one in basketball that I haven't tried to learn something from. Some of the drills that we will be using this October is something I picked up from a high school coach years ago. When I was playing, I tried to be a student of the game."



FAMILIAR

STORY BY STEVE TOWNSEND

PICTURED ABOVE:
Wendell Hudon

His coaching career actually began as soon as he completed his pro basketball career. When his playing days were over, Hudson returned to Alabama to help Newton coach some of the greatest teams in Crimson Tide lore, including the 1976 squad that won the SEC title and lost the heart-breaker to eventual national champion Indiana in the Sweet 16 game.

His path would wind from Florence, Ala., to Waco, Tex., before he would finally return home in 2003 when Coach Moore hired him as associate AD.

"The last years as an administrator under Coach Moore have been great," says Hudson, "but you never lose that desire to coach or be around the players. I can't wait until October 17 when we can get on the court and begin practicing and molding this team and getting our identity, which is to play hard all the time on both ends of the court.

"I can promise our fans that they will see a team that does just that. That's how we are going to play. I was talking to Rocky Colburn (strength and conditioning coach) the other day and he told me he has never seen a group of athletes work so hard in the off-season conditioning program than our team. That is what we expect of our players."

Throughout the summer, Hudson and his staff have been recruiting when permissible and evaluating the best players to come to Alabama.

"You can be the greatest coach in the world, but if you don't go out and sign quality players and people, you are going to have a tough time making it," says Hudson. "As head coach, it is a priority for me to be out there on the road, selling the University of Alabama and this basketball program."

"You have to have great people around you, starting with your coaching staff and we've got a staff that I feel confident can recruit as well as coach on the floor."

While official practice is only a few weeks away, the first official game for Coach Hudson and his Crimson Tide will come November 14 when Alabama hosts Centenary and four days later Samford University comes to town on November 18.

"It's been somewhat of a whirlwind since I accepted the job back in March," says Hudson. "Hiring a staff, recruiting, establishing relationships across the state, getting to know the players, the off-season program. It's been fun. I can't wait to get started with practice and then the games."

"We have a challenging schedule with 10 teams that were in the NCAA Tournament. I hope the fans will come out and support us. I know that winning brings the crowds."

"And that's what he is going to do," says Moore.

Taking over a program that has only won four conference games in three years might be all consuming and unenviable to most but to Wendell Hudson it is just a lot of fun because, "I just have passion for the job. When I came to Alabama to play we were at the bottom and made it to the top. That's our goal, pure and simple."

THE WENDELL HUDSON FILE:

* FIRST BLACK SCHOLARSHIP ATHLETE AT THE UNIVERSITY
* SEC PLAYER OF THE YEAR, 1973
* AVERAGED DOUBLE-DOUBLE (19.2 POINTS AND 12.0 REBOUNDS FOR HIS CAREER)
* 30TH PLAYER PICKED IN 1973 DRAFT BY CHICAGO
* PLAYED PROFESSIONALLY FOR CHICAGO BULLS AND MEMPHIS TAMS
* ASSISTANT MEN'S COACH AT ALABAMA, OLE MISS, RICE AND BAYLOR
* HEAD WOMEN'S COACH AT MCLENNAN COLLEGE, POSTING A RECORD OF 219-117 IN 11 YEARS AT THE HELM
* HEAD MEN'S COACH AT MCLENNAN IN 2001, GOING 20-10
* ATHLETIC DIRECTOR AT MCLENNAN COLLEGE IN WACO, TX.
* SEC BASKETBALL LEGEND, 2000
* MEMBER OF THE STATE OF ALABAMA SPORTS HALL OF FAME
* NAMED ASSOCIATE AD AT ALABAMA IN 2003
* NAMED WOMEN'S BASKETBALL HEAD COACH IN 2008
* WENDELL AND HIS WIFE BELINDA HAVE FIVE CHILDREN: TRACI, TASHA, MICHELLE, DAVID AND HAWVY

TERRITORY

TIDEBITS

BASEBALL

- Former Alabama pitcher Lance Cormier participated in the historic final game at Yankee Stadium as a member of the Baltimore Orioles. Cormier pitched 2/3 inning, in which he struck out all-star shortstop Derek Jeter and got Alex Rodriguez to pop out.

BASKETBALL

- Mark Gottfried was recently in Washington as one of five representatives for the Coaches vs. Cancer Committee. Joining Gottfried on Capitol Hill were Connecticut's Jim Calhoun, Syracuse's Jim Boeheim, Maryland's Gary Williams, and Temple's Fran Dunphy.

CROSS COUNTRY (M)

- Junior cross country runner Tyson David added yet another honor while at Alabama as he was voted the SEC Athlete of the Week for the third week of the cross country season. David clocked a time of 24:22.63 over the course of 8,000 meters to win the 20th Annual Crimson Classic and led the Crimson Tide to the team title in his first Division 1 cross country race. Alabama won the meet with just 15 points, a perfect score, by sweeping the top five spots.

CROSS COUNTRY (W)

- Freshman cross country runner Sara Vaughn was voted the SEC Freshman and Athlete of the Week for the third week of September. Vaughn ran 17:17.95 over the course of 5,000 meters at the 20th Annual Crimson Classic and led the Crimson Tide to the team title. She ran the fastest time by an Alabama women's cross country freshman since 2000.

FOOTBALL

- With five SEC schools ranked in the top-10 in September, it was the most ever for the league. In 1965, seven schools finished in the top-18 nationally, the best ever finish. In 1961, when Alabama won the national title, LSU (3rd) and Ole Miss (5th) also finished in the top-five, the best ever showing by the league.

- Glen Coffee's 162 yards rushing on 10 carries vs. Arkansas set an Alabama record for best average per carry with a minimum of 10 rushes in a game.

- According to the records, when Javier Arenas and Justin Woodall returned interceptions for touchdowns against Arkansas, it marked the first time that Alabama had ever returned two picks for TDs in a single game.

GOLF (M)

- The Tide men's golf team opened the season ranked No. 8 in the Golf World/NIKE Golf Coaches' Preseason poll and No. 20 in the Golfweek Preseason rankings. Four of Alabama's top six golfers who competed last season graduated last season, but the two veterans who return include four-time U.S. Amateur participant and 2008 All-SEC senior Matthew Swan as well as fifth-year senior Matt Hughes who was among the five who helped Alabama win the 2008 SEC Championship and who was named All-District by the Golf Coaches Association of America. Expected to make an immediate impact on the collegiate golf scene is true freshman Bud Cauley. Cauley was co-medalist at the 2008 Toyota Junior World Championships and made his second career U.S. Amateur appearance in August. He was one of three Tide golfers who competed at the 2008 U.S. Amateur, joining Swan and redshirt freshman Phillip Weaver.

GOLF (W)

- Coming off a second place finish at the Cougar Classic, the Alabama women's golf team jumped three spots to No. 7 in the latest Golfweek/Sagarin rankings. The No. 7 ranking marks the second highest ranking in team history for an Alabama women's golf team. The Tide got as high as No. 5 last season. The Crimson Tide opened its fall season with a fifth place finish at the prestigious Duramed NCAA Fall Preview. Alabama then backed that up with a near school record performance at the Cougar Classic. The Crimson Tide finished the Cougar Classic with an 863 (-1), only the second time in team history that the Tide has shot under par for a 54-hole tournament.

ROWING

- The rowing team starts its third season on October 11 at the 16th annual Chattanooga Head Race. The fall schedule includes four weekends and five meets with the team splitting up on October 18, with some headed to the prestigious Head of the Charles Regatta where Alabama won a silver in the Varsity 8+ competition last season, and the rest of the squad heading to Huntsville, AL. for the Hobbs Island Regatta. Alabama will also compete at the Head of the Tennessee Regatta on October 25 before closing out the fall back on the Chattanooga River at the Head of the Hooch on November 1.

SOCCER

- Sophomore soccer forward Victoria Frederick was voted the SEC's Offensive Player of the Week the first week in September. Senior soccer goal keeper Kara Gudmens was voted the SEC's Soccer Defensive Player of the Week the second week in September.

SWIMMING AND DIVING

- The swimming and diving teams hits the road for the fall semester, facing off against Florida State in Tallahassee on Oct. 11, LSU in Baton Rouge on November 7 and New Orleans and Centenary in New Orleans on November 8. The women will also compete at the SMU Invite on October 24. The Tide's early slate will give Eric McIlquham, now in his sixth season as the Tide's head coach, a chance to see the 60-plus student-athletes that make up the 2008-09 squad in action.

TENNIS (W)

- The Alabama women's tennis team, which was young and inexperienced last season, is poised and ready to take its 2008-09 opponents head on. In its first weekend of fall competition, the Crimson Tide rolled through the 33rd annual Milwaukee Fall Classic with 17 wins. Alabama's No. 1 singles player, sophomore Tiffany Welcher, was named tournament champion having beat opponents from Marquette, Texas A&M and Wisconsin. The tandem of junior Paulina Bigos and Welcher earned doubles tournament runner-up honors having won two of three matches over the course of the three-day event. In addition, Bigos was awarded the Charles Mulcahy Sportsmanship Award as voted on by tournament participants. The Tide will play in a total of seven tournaments before the dual match slate begins in January.

TENNIS (M)

- The Alabama men's tennis team, which finished No. 24 with a 19-10 record in 2008, has already shown great promise in the early fall season. The Crimson Tide opened up at the Penn State University Fall Classic where Alabama won a total of 23 matches in the round-robin tournament. Three netters traveled to the USTA National Tennis Center Men's College Invitational where freshman John Lewis captured the Singles III Flight Finals knocking off four competitors from four different Ivy League institutions. Senior Billy Mertz returned to the court for the first time in almost one year after sitting out last season with a medical redshirt. Other key returners for the Tide include seniors Dan Buikema, Andrew Felsenthal, Michael Jung, Mathieu Thibaudeau and junior Saketh Myneni. Alabama placed three singles and one doubles duo on the ITA's preseason rankings with Myneni at No. 45, Thibaudeau at No. 57, Mertz at No. 106 and the pair of Buikema and Thibaudeau at No. 14. The Tide will compete in an additional seven tournaments prior to the start of dual-match play in January.

VOLLEYBALL

- For the fifth time in her career, senior volleyball star Amy Pauly was voted the SEC's Defensive Player of the Week the first week in September. She had won the award four times entering her final year for Coach Judy Green's squad.

+ADDITIONS

DANA DUCKWORTH, former gymnastics student-athlete, has been hired full-time as assistant gymnastics coach.
RAHIM ESMAIL has been hired as an assistant women's tennis coach.
MARY JO GRANT has been hired as an Office Associate for Cheerleading.
LAUREN HOWELL has been hired as an Office Associate for the Ticket Office.
JESSICA PARE' has been hired as Assistant Sports Information Director.

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FORMER CRIMSON TIDE PLAYERS WERE ON THE OFFICIAL ROSTERS TO START THE SEASON.

MARK ANDERSON, DE
CHICAGO BEARS

JUSTIN BRITT, OG*
CINCINNATI BENGALS

WESLEY BRITT, OT
NEW ENGLAND PATRIOTS

SIMEON CASTILLE, CB
CINCINNATI BENGALS

TIM CASTILLE, FB
ARIZONA CARDINALS

BRODIE CROYLE, QB
KANSAS CITY CHIEFS

CORNELIUS GRIFFIN, DT
WASHINGTON REDSKINS

ROMAN HARPER, SS
NEW ORLEANS SAINTS

JARRET JOHNSON, OLB
BALTIMORE RAVENS

ANTHONY MADISON, CB
PITTSBURGH STEELERS

EVAN MATHIS, OG
MIAMI DOLPHINS

LE'RON MCCLAIN, FB
BALTIMORE RAVENS

KINDAL MOOREHEAD, DE
ATLANTA FALCONS

ANTWAN ODOM, DE
CINCINNATI BENGALS

CHARLIE PEPRAH, DB
GREEN BAY PACKERS

DERRICK POPE, LB
MIAMI DOLPHINS

RAMZEE ROBINSON, DB
DETROIT LIONS

DEMECO RYANS, LB
HOUSTON TEXANS

CHRIS SAMUELS, OT
WASHINGTON REDSKINS

JUSTIN SMILEY, OG
MIAMI DOLPHINS

DESHEA TOWNSEND, CB
PITTSBURGH STEELERS

*RESERVE LIST

JUST DID IT

BY MEGAN HUDSON

As many athletes can tell you, ending your college career can be a very difficult time. That was certainly the situation I faced when I finished my undergraduate degree and volleyball career at Alabama last May. However, to help smooth the transition I was fortunate enough to find an internship with Nike over the summer. What better way is there to get over a defining time in one's life than going to work at Nike?

I interned with Nike U.S. Soccer Sports Marketing in Beaverton, Oregon. I had a little background in soccer from playing on competitive youth teams, but I immediately had to learn a ton. My first assignment at Nike was to call all of the state champion club teams to find out what type of uniform they wore.

The challenge of this project was that it had to be accomplished in about a week! It was hectic but kept me on my toes. My primary assignment for Nike soccer was to create a presentation for the head of the department on everything Nike US Soccer is involved in. This sounded pretty easy at first, but once I got started, the presentation ended up being about 145 pages!

I learned more than I could have imagined through this project. At first I thought it was just a project to make me learn about the business. However, my boss brought 25 copies of the project to his off-site interdepartmental meeting that his boss was leading. Let me just say…that felt pretty cool.

Nike is a great company and has an excellent intern program. As soon as I arrived in Beaverton I was put to work…and it was real work. I worked on more projects for the soccer department, but my favorite Nike project was working with The Human Race.

The Human Race took place on 8.31.08. It was an event that Nike created to bring unity to the world. The goal was to get one-million people to run a 10K in the same day with races being held all over the world. There were 25 cities around the world that sponsored races, but people also could run wherever they were, by using Nike+.

Nike+ is a running system that has one chip that slides into your Nike sneakers and another piece that either connects to your iPod Nano or to a Nike+ Sport band. This incredible technology tracks your

miles, calories, pace, time, etc. Once you run your miles, you plug the Nike+ piece into the computer and go on nikeplus.com.

Nikeplus.com is where you track your miles over time, get a coach to tell you how far to run each day if you want to run a marathon, or just lose 5 pounds. My favorite part of the program is that you can make a "mini" and she or he shows up on your desktop computer.

I just ran in the Human Race, so my "mini", which is on my screensaver, is running and doing a victory dance, but if I do not run for three days, she will start to play a video game and talk smack to me. She will make me mad enough that I will go run just to see her start to jog again. It is really an amazing idea. Nikeplus.com is seriously the only reason why I am motivated to continue to run these days.

One of the intern jobs during the summer was to work in a group and create a presentation. All of the interns competed against one another in a blood-battle in front of VPs and other Nike employees. The topics all had to do with Nike+ and The Human Race. It was invigorating to work hard with many other people, and my group was lucky enough to win the competition.

I think my undergraduate degree from Alabama in Public Relations really helped me prepare for the "real world"…if you want to call Nike the "real world" and it also prepared me for the internship I hold now at Alabama.

Once my internship was over, I returned to Tuscaloosa to start the masters of marketing program and my new job in the Athletic-Academic department. I am the intern for Life Skills, which is a perfect fit for me because I love helping athletes better their resume, prepare for post-college times, do community outreach, and I especially love the Student Athlete Advisory Committee (SAAC).

I was president of SAAC for two of my four years during my undergrad days, and I think it is an amazing group that has the ability to grow even more. I truly want to make a difference at the University of Alabama, and I want more athletes to make a difference in other people's lives as well. One way to do this is to get involved in community outreach, and I plan to get as many people involved as possible.

As I look back at the past four years at the University of Alabama, I am amazed at how much I have grown. By being a collegiate athlete, president of SAAC and intern at Nike, I feel I am completely ready to motivate athletes to become well-rounded and better community citizens.

(MEGAN IS A FORMER UA VOLLEYBALL PLAYER, NOW SERVING AS INTERN IN THE ATHLETIC DEPARTMENT'S LIFE SKILLS PROGRAM)

WHAT I DID LAST SUMMER

Following spring exams, **GLEN COFFEE** and **CHARLES HOKE** from the football program joined student-athletes **MORGAN DENNIS** and **RICKI LEBEGERN** (gymnastics), **MEAGAN MILLER** and **KATHERINE STRICKLAND,** (women's track & field), **SHELLEY GODWIN** and **MERITT EMERY**, (women's tennis), **VICTORIA CROY**,(rowing) and **VARISIA RAFFINGTON** (women's basketball program) for eight days of biblical leadership training in the Colorado Rockies.

Alabama's FCAIA (Fellowship of Christian Athletes in Action) joined other college Fellowship of Christian Athletes (FCA)/Athletes In Action (AIA) groups from across the nation at AIA's Ultimate Training Camp. All totaled 140 college student-athletes from the west (Cal Berkley, Arizona, Arizona State), east (Rutgers & UConn), north (Wisconsin, Minnesota & Michigan State) and south (Miami, Georgia & Tennessee) joined Bama in the ascent to Colorado State University. The topics covered during the week included sportsmanship, ethics in training, and becoming a great teammate.

VANESSA VON DER HYDE participated in a London internship program, which was supported by the College of Commerce and Business Administration. Vanessa earned academic credit for a professional practice internship in her field of marketing. She interned with ABI Europe, an international public relations firm with offices in New York, London, and Singapore.

The Director of Oversees Study, Angela Channell, wrote a letter of support on Vanessa's behalf stating the internship provided Vanessa the opportunity to gain hands on experience and to learn about the daily business practices of an international firm. In addition, the internship helped her define her career goals, and to develop valuable contacts for future employment.

WITH
KELLY KRETSCHMAN

Q AND A

Kelly Kretschman represented the United States for the second time in her career this past summer in Beijing, where she played outfield. Kretschman also represented the United States at the 2004 Olympics in Athens, which won the gold medal. A four-time All-American at the University of Alabama, Kretschman ended her collegiate career with the second-most runs scored, fifth-most hits and had the seventh highest slugging percentage in NCAA history.

What were your emotions during the Bejing OPENING CEREMONIES?

"Everyone, from all the countries, looked so great decked out in lots of different colors and styles. After an hour of so of waiting, we the 140th country to march, was called. We walked about a half mile from the gymnastics building to the Bird's Nest. It was incredible... it was all lit up! As we approached the stadium we entered a tunnel. Right as we were getting close we started a U-S-A, U-S-A, all of us as one. It was one of the many highlights of night. Then we entered, 90,000 people!!! It was indescribable... I had the chills and had goose bumps... it was awesome! I felt everything from pride, to gratitude, anxiety, and excitement."

What was your FAVORITE MOMENT of the Olympic Games?

"Definitely the 'Opening Ceremonies,' being there with athletes from all over the world. My other favorite moment was looking up into the stands during our games and seeing all of our family and friends there to support us."

How do the athletes and coaches LIVE during the Olympic Games?

"We were all housed in the Olympic Village, which were brand new apartments that were awesome. We had everything and anything we could have wanted. From nail and hair salons to weight rooms, swimming pools, and even an area with computers and phones that we could use to call home."

Why is SOFTBALL being dropped from the next Olympic Games?

"Good question???? It did not receive the votes needed by the IOC to keep it in the Olympics as a sport. The rumors were that we were too dominant and that it wasn't as popular as some other sports."

What was the significance of the US Softball Team LEAVING THEIR SHOES on home plate after the gold medal game?

"Crystal Bustos, Lovie Jung, Taira Flowers, Laura Berg and I were retiring from international competition. Since softball was not going to be an Olympic sport in 2012, we knew that it was our last tournament in a USA uniform. So we decided to leave it all on the field!"

What's NEXT in your life?

"Right now, I am doing camps and clinics with other Olympians around the country and just enjoying some time off for awhile. We have also been doing appearances, (we were on the Oprah show!). My goal for next year will be to get back into college coaching, which is what I really love to do. I will also continue to play softball in the NPF (National Pro Fast pitch League) during the summer months."

EDITION

WITH
HARVEY GLANCE

Alabama track coach Harvey Glance , a gold medal winner himself back in 1976, has returned to Tuscaloosa after help tutoring the sprinters for the USA team in Beijing. Coach Glance took time to answer some questions about his experience in 2008.

What were your emotions during the Bejing OPENING CEREMONIES?

"The Beijing Olympic opening ceremonies were nothing short of spectacular. The number of participants and the artistic numbers they put together could be matched by none. Meeting other athletes from other countries and other sports is always a rush. To be around the best always excites me."

What was your FAVORITE MOMENT of the Olympic Games?

"My favorite moment was watching our young men sweep the 400 meters and 400 hurdles. Watching five world records fall was also special; and watching us close out the Olympics with a new Olympic record in the 1600-meter relay and with the second fastest time ever was also a very special moment."

How do the athletes and coaches LIVE during the Olympic Games?

"The coaches and athletes were housed in the Olympic village. The maximum capacity was estimated at 15,000. It was absolutely perfect. The coaches and athletes each had a roommate, unless you were a past Olympic or world champ. Then you were provided singles."

What was your fondest memory as an athlete and a THREE-TIME OLYMPIAN?

"My fondest memory as an athlete and three time Olympian was hearing that national anthem and watching the flag being raised and having an Olympic gold medal draped around my neck. Making three teams was also special because it was historic for a sprinter."

WHO WINS?

Harvey Glance, Gold Medalist, from the 1976 Olympic Games or Usain Bolt, Gold Medalist, from the 2008 Olympic Games?

"If Harvey Glance from 1976 and Usain Bolt from 2008 race in a 100 meter final, I am here to tell you it would not be close. We would both explode out the blocks and it would be extremely close at 40 meters then outstanding talent would take over and the winner would start to take over. The WINNER being BOLT the fastest man ever!"

ROLL CALL

THE FACES OF CRIMSON TIDE STUDENT-ATHLETES

ANDRE SMITH

JUNIOR – BIRMINGHAM, ALABAMA

Alabama's All-SEC left tackle Andre Smith has anchored the Crimson Tide's offensive line in 2008. He was named the SEC Offensive Lineman of the Week following Alabama's season-high 328 yards on the ground in a 49-14 win at Arkansas on Sept. 20. Smith was a preseason Playboy All-American and is one of the top candidates for the Outland Trophy, which is given to the best interior lineman in college football. The junior from Birmingham won the 2007 Jacobs Trophy as the best blocker in the Southeastern Conference and has 31 career starts for the Crimson Tide entering the Ole Miss game.

TIERNEY JENKINS

SOPHOMORE - MT. JULIET, TENNESSEE

Tierney Jenkins returns for her sophomore campaign as the Crimson Tide's women's basketball leader in both points per game (11.8) and rebounds per game (6.7). During the 2007-08 season, she racked up 20 blocks. This All-SEC freshman started 26 of 30 games for Alabama last season. Her best outing came against Hampton where she went 11-of-16 from the floor scoring 29 points.

STACEY OGLE

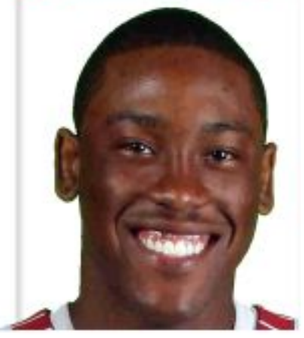
SENIOR - ALBERTVILLE, ALABAMA

Stacey Ogle has spent the last two years helping a young Crimson Tide rowing program, now in its third season as a varsity program, grow to its full potential. This past summer she worked hard at helping youngsters at two different camps, one in Tennessee and one in Maine, reach their full potential as well serving as the camps' sports director. Ogle is back on campus this fall, serving as one of the rowing programs tri-captains. One of the Tide's top student-athletes and leaders, Ogle earned Collegiate Rowing Coaches Association Scholar Athlete and Southeastern Conference Academic Honor Roll honors last season.

RONALD & ANDREW STEELE

SENIOR - BIRMINGHAM, ALABAMA & FRESHMAN - BIRMINGHAM, ALABAMA

Alabama will have its first basketball brother playing duo in decades this season when the Steele Brothers hit the court. Fifth year senior Ronald Steele, a 2007 AP Preseason All-American point guard, is joined on the team this year by his brother Andrew, a freshman guard. Because of their five-year age gap, this is the first organized sport the two have ever played together. Andrew is the 2008 Alabama state 5A Player of the Year out of John Carroll. His big brother made history as the state's first, and so far only, two-time winner of the "Mr. Basketball" award as the state's top prep player.



ROSS WILSON

SOPHOMORE – HOOVER, ALABAMA

Ross Wilson is the starting second baseman for the Crimson Tide baseball team. Last year as a freshman, Wilson hit .295 with 15 home runs and 47 RBI in 62 starts. He tied the Alabama freshman single-season home run record with 15 home runs in his rookie season. Wilson was also named to the Conway (S.C.) Regional All-Tournament team, where he hit three home runs in three games for the Tide. He played in the Cape Cod League this summer, a wooden-bat league for elite college players. Wilson was an All-State quarterback and shortstop at Hoover High School, where he starred in the MTV mini series "Two-A-Days" during his junior and senior seasons. His older brother, John Parker Wilson, is the Tide's starting quarterback.

TIFFANY WELCHER

SOPHOMORE – CLARKSVILLE, INDIANA

Welcher, who returns as Alabama's No. 1 singles player, had an impressive start to her second collegiate season winning the 33rd annual Milwaukee Tennis Classic singles flight in the third week of September. The Clarksville, Indiana native rolled over opponents from Marquette, Texas A&M and Wisconsin en route to the tournament victory. She also finished as tournament runner-up in doubles with teammate Paulina Bigos.

SAAC UPDATE

STUDENT ATHLETE ADVISORY COMMITTEE

SAAC PRESIDENT

BRITTANY **ROGERS**

Hello to all the fans from the Student Athlete Advisory Committee (SAAC)!

We are a collection of student-athlete ambassadors dedicated to offering our voices and services to the athletic department and the Tuscaloosa community. We are excited to start the 2008-2009 year with several key events.

As a committee, we have been brainstorming new and innovative ways to make a difference to the people of Tuscaloosa and enhance the experiences of our University Athletic family!

During the month of September, in partnership with the West Alabama Food Bank, we collected cans for the "Together We Can" food drive, at soccer, swimming and volleyball events. Also, in partnership with the Easter Seals Foundation, we participated in the 2nd Annual "Walk with Me" event, which was a 1.5 mile walk to support people with disabilities and special needs in our community.

Thank you for your continued support of our student-athletes at home and away events!

Have a wonderful month!
Roll Tide!

Brittany Rogers
2008-2009 SAAC President

COMMUNTIY SERVICE

PAT MURPHY HONORARY CHAIRMAN FOR EASTER SEALS "WALK WITH ME" EVENT

EVENT BENEFITS INDIVIDUALS AND FAMILIES LIVING WITH DISABILITIES

Head Alabama softball coach **PATRICK MURPHY** and coaching staff were involved in the community service Easter Seals "Walk with Me" event on Saturday, September 20. Murphy was the honorary chairman for the event that provided help and hope for individuals and families living with disabilities. Student-athletes from the women's basketball, gymnastics, rowing, swimming and diving, and softball participated in the "Walk with Me" event. The event included approximately 350 walkers that raised close to $32,000 for West Alabama Easter Seals. Easter Seals provides services to children and adults with disabilities as well as support to their families.

INTERNATIONAL LITERACY DAY

UNIVERSITY PLACE ELEMENTARY SCHOOL

Over 20 student-athletes from the baseball, football, women's basketball, rowing, softball, women's tennis, men's and women's track & field/cross country and volleyball programs attended University Place Elementary in Tuscaloosa to promote literacy across cultures and the importance of reading. The student-athletes participated in reading to the students and also posed for pictures and signed autographs.

GLEN HAVEN HEATH & REHABILITATION VISIT

GLEN HAVEN HEALTH AND REHABILITATION CENTER

Student-athletes from the football, men's basketball, women's basketball, rowing, swimming and diving, and women's track & field program celebrated with residents at Glen Haven Health & Rehabilitation Center in Northport, AL during their Alabama vs. Western Kentucky Tailgate Party. Ten student-athletes as well as the Alabama Cheerleaders and Big Al attended the event. The student-athletes were able to take pictures, sign autographs and speak with the residents on an individual basis.

08 FALL SCHEDULES

SOCCER

10.10	at Arkansas	Fayetteville, Ark.	7:00 p.m. CT
10.12	at LSU	Baton Rouge, La.	1:00 p.m. CT
10.17	**VS. SOUTH CAROLINA**	**TUSCALOOSA, ALA.**	**7:00 P.M. CT**
10.19	**VS. FLORIDA**	**TUSCALOOSA, ALA.**	**1:00 P.M. CT**
10.23	at Tennessee	Knoxville, Tenn.	6:00 p.m. CT
10.26	**VS. GEORGIA**	**TUSCALOOSA, ALA.**	**1:00 P.M. CT**
10.31	at Auburn	Auburn, Ala.	7:30 p.m. CT

CARNIVAL NIGHT

fans dress up in costumes, face painters, clown, carnival atmosphere.

SENIOR DAY

Kick Around the World for $10,000

VOLLEYBALL

10.10	at Arkansas	Fayetteville, Ark.	7:00 p.m. CT
10.12	at Ole Miss	Oxford, Miss.	1:30 p.m. CT
10.17	**VS. GEORGIA**	**TUSCALOOSA, ALA.**	**7:00 P.M. CT**
10.19	**VS. LSU**	**TUSCALOOSA, ALA.**	**1:30 P.M. CT**
10.24	**VS. TENNESSEE**	**TUSCALOOSA, ALA.**	**7:00 P.M. CT**
10.26	**VS. KENTUCKY**	**TUSCALOOSA, ALA.**	**1:30 P.M. CT**
10.29	at Mississippi State	Starkville, Miss.	7:00 p.m. CT
11.02	at Auburn	Auburn, Ala.	1:30 p.m. CT
11.07	at LSU	Baton Rouge, La.	7:00 p.m. CT
11.09	at Georgia	Athens, Ga.	1:30 p.m. ET
11.14	**VS. OLE MISS**	**TUSCALOOSA, ALA.**	**7:00 P.M. CT**
11.16	**VS. ARKANSAS**	**TUSCALOOSA, ALA.**	**1:30 P.M. CT**
11.21	at South Carolina	Columbia, S.C.	7:00 p.m. ET
11.23	at Florida	Gainesville, Fla.	1:30 p.m. ET
11.28	**VS. MISSISSIPPI STATE**	**TUSCALOOSA, ALA.**	**7:00 P.M. CT**

SCOUT NIGHT

Bring your Alabama-Ole Miss football ticket to receive free admission

BOOKS FOR BLOCKS

Bring a book to the match and receive $1 admission
Big Al's Kids Club Event.

MEN'S SWIMMING & DIVING (FALL)

10.11	at Florida State	Tallahassee, FL	12:00 p.m. CT
11.07	at LSU	Baton Rouge, LA	3:00 p.m. CT
11.08	UNO and Centenary College	New Orleans, LA	11:00 a.m. CT
11.14	**VS. WESTERN KENTUCKY**	**TUSCALOOSA, AL**	**3:00 P.M. CT**
11.20	at Georgia Tech - Diving	Atlanta, GA	TBA
11.21	**VS. AUBURN**	**TUSCALOOSA, AL**	**ALL DAY**

WOMEN'S SWIMMING & DIVING (FALL)

10.11	at Florida State	Tallahassee	12:00 p.m. CT
10.24	at SMU Classic	Dallas, TX	6:00 p.m. CT
11.07	at LSU	Baton Rouge, LA	3:00 p.m. CT
11.08	UNO and Centenary College	New Orleans, LA	11:01 a.m. CT
11.14	**VS. WESTERN KENTUCKY**	**TUSCALOOSA**	**3:00 P.M. CT**
11.20	at Georgia Tech - Diving	Atlanta, GA	TBA
11.21	**VS. AUBURN**	**TUSCALOOSA**	**ALL DAY**

MEN'S TENNIS (FALL)

10.16	ITA REGIONAL	Lexington, KY
10.24	**CRIMSON TIDE FALL CHAMPIONSHIP**	**TUSCALOOSA, AL**
11.06	ITA NATIONAL INDOORS	Charlottesville, VA

WOMEN'S TENNIS (FALL)

10.24	ITA South Regionals	Athens, GA
11.06	ITA NATIONAL INDOORS	Charlottesville, VA

MEN'S CROSS COUNTRY

10.18	Pre-NCAA Meet	Terre Haute, Ind.	All Day
11.03	SEC Championships	Starkville, Miss.	All Day
11.15	NCAA Regionals	Knoxville, Tenn.	All Day
11.24	NCAA Championships	Terre Haute, Ind.	All Day

WOMEN'S CROSS COUNTRY

10.18	Chile Pepper	Fayetteville, Ark.	All Day
11.03	SEC Championships	Starkville, Miss.	All Day
11.15	NCAA Regionals	Knoxville, Tenn.	All Day
11.24	NCAA Championships	Terre Haute, Ind.	All Day

MEN'S GOLF

10.12	Jerry Pate National Intercollegiate	Old Overton Club - Birmingham	All Day
10.26	Isleworth Collegiate Invitational	Isleworth Golf and CC - Windermere, Fl.	All Day

WOMEN'S GOLF

DERBY INVITATIONAL			
10.24-26	Auburn	Auburn University Club - Auburn, Ala.	All Day
HOOTER'S COLLEGIATE MATCH PLAY CHAMPIONSHIP			
11.02-04	National Golf Coaches Association	Ginn Reunion Resort - Celebration Fla.	All Day

ROWING

10.11	Chattanooga Head Race	Chattanooga, Tenn.	All Day
10.18	Head of the Charles Regatta	Cambridge, Mass.	All Day
	Hobbs Island Regatta	Huntsville, Ala.	All Day
10.25	Head of the Tennessee Regatta	Oak Ridge, Tenn.	All Day
11.01	Head of the Hooch Regatta	Chattanooga, Tenn.	All Day

TICKET INFO

FOOTBALL

Season tickets for Alabama Football have sold out!!! Fans interested in being added to the TIDE PRIDE waiting list may do by visiting www.rolltide.com, and click TIDE PRIDE at the top banner.

Currently, individual game tickets are sold out; however, should any returned tickets be received by visiting teams, those tickets will go on sale immediately.

BASKETBALL (M)

Anyone wishing to purchase NEW Men's Basketball season tickets may do so online at www.rolltide.com or by contacting the Athletic Ticket Office. Season tickets are still available for $218 ($174 for UA faculty/staff).

Currently, TIDE PRIDE Men's Basketball season ticket sections are sold out. Tide fans interested in signing up for the TIDE PRIDE Men's Basketball Waiting List may do so by visiting www.rolltide.com, and click TIDE PRIDE at the top banner.

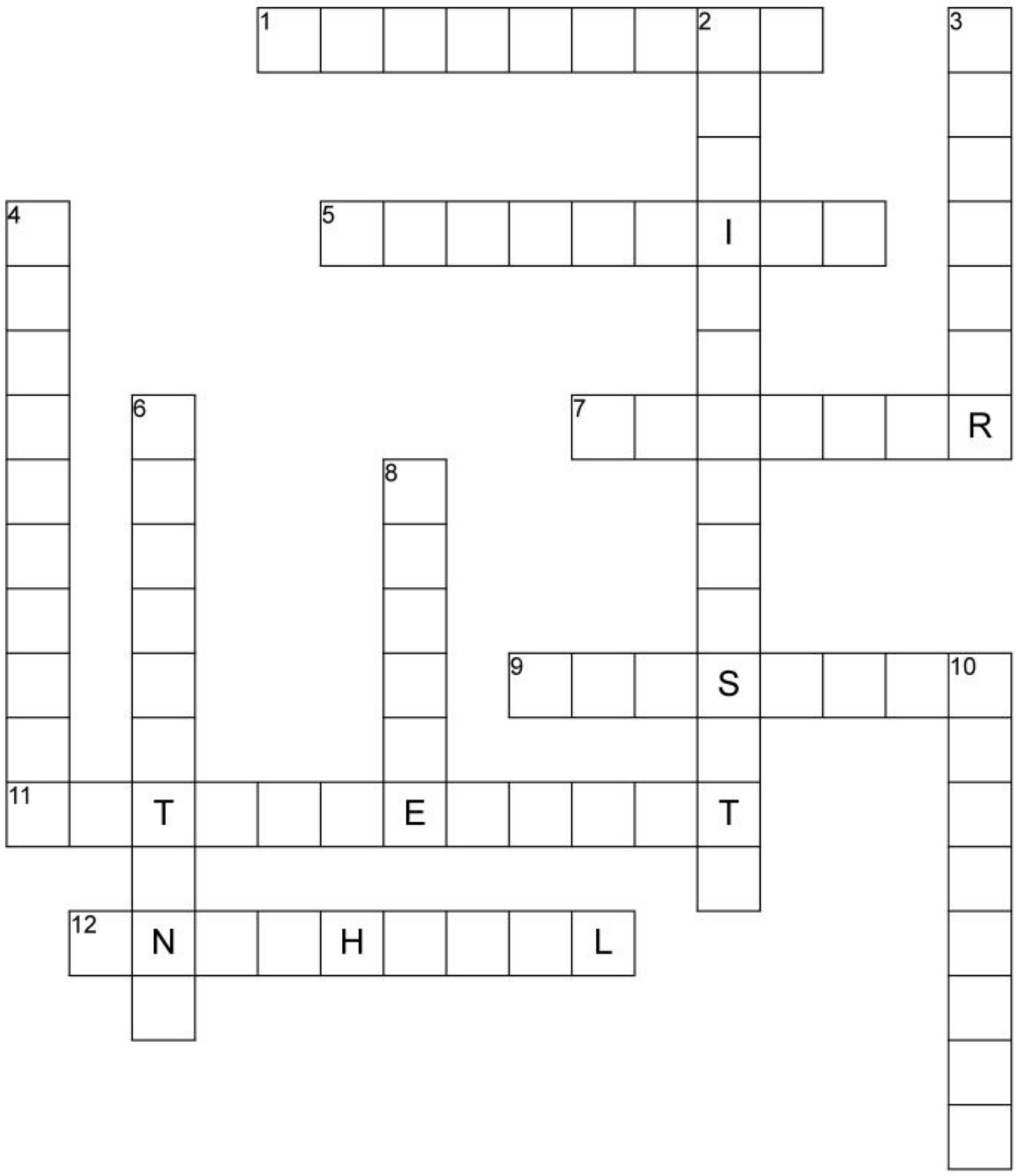
BASKETBALL (W)

Those wishing to purchase Women's Basketball season tickets for the first time may do so at www.rolltide.com. Season regular tickets are available for $40.00 each ($25.00 for UA faculty/staff), season "group" for orders of 4 or more are $25.00 each.

VOLLEYBALL

Tickets for individual matches will be available for purchase at the Cave beginning 90 minutes prior to game time. Prices are $3 for adults and free admission for 18 and under.

COMPLIANCE CROSSWORD



ACROSS

1. Not adhering to NCAA, SEC or institutional rules will result in one of these occurring
5. Term used for a prospect who met the minimum academic requirements established by the NCAA Initial Eligibility Center
7. One who is not paid for athletics participation and does not compete on a professional team
9. An individual becomes a _____ once they reach ninth grade
11. An unauthorized special arrangement for student-athletes or prospects
12. Engaging in this type of conduct could result in a loss of eligibility for a student-athlete or prospect.

DOWN

2. Prospects may make five of these during their senior year of high school
3. Term commonly used to describe a representative of UA's athletics interests
4. Who you should contact with any questions regarding NCAA, SEC or UA rules
6. Coaches are the only individuals allowed to engage in this type of off-campus activity involving prospects after passing an annual written exam
8. It is impermissible for student-athletes, coaches and athletics department staff to do this on college and professional sports
10. A student who comes to Alabama after being enrolled full-time at another college or university.

University of Alabama's Athletics Compliance Office strives to educate the UA community about the importance of adhering to NCAA, SEC and institutional rules. Test your knowledge of the rules by completing the compliance crossword below and remember: "Ask Before You Act!" If you have any questions contact Athletics Compliance at (205) 348-3615 or compliance@ia.ua.edu.

ANSWERS

1) VIOLATION 2) OFFICIAL VISITS 3)BOOSTER 4) COMPLIANCE
5) QUALIFIER 6) RECRUITING 7) AMATEUR 8) GAMBLE 9) PROSPECT
10) TRANSFER 11) EXTRA BENEFIT 12) UNETHICAL